



**The CSP Leadership 2016
is proud to host**

Critical Incident Stress Management

“Group Crisis Intervention” May 11-12th 2016



**Facilitated by Brian Bennett
ICISF approved instructor, CSP CISM Team
Member & Pan Am Games
Medical Venue Manager
Delta Ottawa City Centre Hotel, Ottawa.**



Group Crisis Intervention

Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, the Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusing’s and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

This course is designed for anyone in the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Corrections, Ski Patrol, and Traumatic Stress.

Program Highlights:

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| Relevant research findings | Large group crisis interventions |
| Relevant recommendations for practice | Small group crisis interventions |
| Incident assessment | Adverse outcome associated with crisis intervention |
| Strategic intervention planning | Reducing risks |
| “Resistance, resilience, recovery” continuum | Critical Incident Stress Debriefing (CISD) |

Completion of “Group Crisis Intervention” and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a class in ICISF’s Certificate of Specialized Training Program

Included with the course is the textbook “Critical Incident Stress Management (CISM): Group Crisis Intervention, 5th edition” by Jeffrey T. Mitchell from the ICISF. As well a Certificate of completion

Examples of a Critical Incident

- Serious injury or death of a co-worker
- Mass Casualty incidents
- Death of children or adolescents
- Serious injury or death resulting from the actions of an emergency worker
- Loss of patient life after a prolonged or extensive effort
- Incidents that attract extensive media coverage
- Incidents where responders know the victim
- Any incident that is charged with profound emotion

Why Should I Attend?

This course lays the foundation for helping those affected by a critical incident. We provide you with the knowledge, training, tools, and practice, to help those that help others. To provide psychological or emotional first aid for those that may have Physical, Emotional, Cognitive, or Behavioral signs and symptoms.

Some of the goals of CISM include: Mitigate stress, facilitate psychological normalization & lower tension, accelerate the recovery process, provide information and set reactions, educate on stress management and coping skills, reduce the sense of chaos, psychological triage and referral if needed.

Day 1 8:30am-5:00pm

- Introductions, objectives, concepts and terms
- Reactions to stress, Critical incidents, Crisis, Crisis intervention (goals/principles/research)
- Strategic planning, CISM core components, overview of group tools and when to use them
- Large group interventions: Demobilization R.I.T.S, Crisis Management Briefing CMB, role play

Day 2 8:30am-5:00pm

- Small group Interventions: Defusing's, Critical Incident Stress Debriefing (CISD)
- Assessing the need for CISD, Factors which enhance CISD success.
- Role playing of all interventions.
- Question and answer
- What to do when you get back to your zone/hill/work place

Workshop Registration:

Registration is limited. Payment must accompany your registration to hold your spot in the course.

To register contact: Brian Bennett 416-894-6015 cismtraining@outlook.com or cismtraining.ca.

CSP members can register with the on-line conference registration, on the national database system (NDS)

Cost: As part of CSP Leadership 2016, we are able to offer this course at a greatly reduced price to active members of the Canadian Ski Patrol from across Canada. CSP members \$150. Non-Members: \$300 (before April 11), \$375 after April 11, 2016.

Fee includes certificate from the ICISF, "Group Crisis Intervention" text, course material, light refreshments, HST.

Please note that this course is filled first come first served, please register early to avoid disappointment. **Course is subject to cancellation if there are not enough participants!**

For more information about the International Critical Incident Stress Foundation, visit www.icisf.org