

Day 2 8:30 a.m. - 5:00 p.m.

- Small group Interventions:
Defusing's, Critical Incident Stress
Debriefing (CISD)
- Assessing the need for CISD, Factors
which enhance CISD success
- Role playing of all interventions.
- What to do when you get back to
your patrol/department
- Question and answer period



For more information about the course
being offered, or to set up a course like
this for your own group, please contact

Brian Bennett at

cismtraining@outlook.com

Or call 416-894-6015

For more information on CISM,
please visit cismtraining.ca or

icisf.org

Workshop Registration: Registration is limited, and should be received by April 11 2016. Payment must accompany your registration to hold your spot in the course.

To register, please mail your cheque and registration form to:
Brian Bennett 2673 Bur Oak Ave, unit 2 Markham Ont.
L6B 1K9. **CSP members** can register with the on-line national
conference registration, on the national database system
(NDS). If in doubt, please call me.

Make cheques payable to: Brian Bennett.

Cost: As part of CSP Leadership 2016, we are able to offer this
course at a greatly reduced price to active members of the
Canadian Ski Patrol from across Canada.

Cost: Ski patrol members \$150

All others: \$300 (before April 11) \$375 after April 11, 2016.

Fee includes certificate from the ICISF "International Critical
Incident Stress Foundation", Group Crisis Intervention text,
course material, HST.

Please note that this course is filled first come first served,
please register early to avoid disappointment. Course is
subject to cancellation if there are not enough participants.

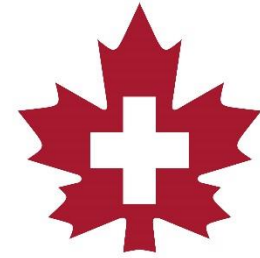
Name: _____

Organization: _____

Address: _____

Phone: _____

Email: _____



CANADIAN SKI PATROL™

*The Canadian Ski Patrol is proud
to host as part of
CSP Leadership 2016*

Critical Incident Stress Management

Group Crisis Intervention

Facilitated by Brian Bennett

ICISF approved instructor,
CISM team member & Pan Am
Game's medical manager

May 11-12th 2016

**Delta Ottawa City
Centre Hotel, Ottawa.**



What is a critical incident?

Any event that causes a strong emotional reaction with the potential to interfere with a person's ability to function. An accident that has the ability to overwhelm an individual

Examples of a critical incident

- Serious injury or death of a co-worker
- Suicide of a colleague
- Mass Casualty incidents
- Death of children or adolescents
- Serious injury or death resulting from the actions of an emergency worker
- Loss of patient life after a prolonged or extensive effort
- Incidents that attract extensive media coverage
- Incidents where responders know the victim
- Any incident that is charged with profound emotion

Group Crisis Intervention

Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, the Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusing's and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

This course is designed for anyone in the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Corrections, Ski Patrol, and Traumatic Stress.

Program highlights

- Relevant research findings
- Relevant recommendations for practice
- Incident assessment
- Strategic intervention planning
- "Resistance, resilience, recovery" continuum
- Large group crisis interventions
- Small group crisis interventions
- Adverse outcome associated with crisis intervention
- Reducing risks
- Critical Incident Stress Debriefing (CISD)

Completion of "Group Crisis Intervention" and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a class in ICISF's Certificate of Specialized Training Program.

Included with the course is the textbook "Critical Incident Stress Management (CISM): Group Crisis Intervention, 5th edition" by Jeffrey T. Mitchell from the ICISF. As well, participants receive a Certificate of Completion.

Why should I attend?

This course lays the foundation for helping those affected by a critical incident. We provide you with the knowledge, training, tools, and practice, to help those that help others. To provide psychological or emotional first aid for those that may have Physical, Emotional, Cognitive, or Behavioral signs and symptoms.

Some of the goals of CISM include: Mitigate stress, facilitate psychological normalization & lower tension, accelerate the recovery process, provide information and set reactions, educate on stress management and coping skills, reduce the sense of chaos, psychological triage and referral if needed.

Day 1 8:30am-5:00pm

- Introductions, objectives, concepts and terms
- Reactions to stress, Critical incidents, Crisis, Crisis intervention (goals/principles/research)
- Strategic planning, CISM core components, overview of group tools and when to use them
- Large group interventions: Demobilization R.I.T.S, Crisis Management Briefing CMB, role play